



## **St. Francis Xavier JNS Swimming Policy and Procedures**

St. Francis Xavier JNS has regard to both the physical and mental development of each of its pupils. Believing that a healthy body promotes a healthy mind and keeping in line with our school's approach to Wellbeing, the school arranges a six-week course of swimming instruction in Coolmine Swimming Pool, during March/April each year.

Attendance at this course fulfils the Aquatics Module of the PE Curriculum as laid down by the Department of Education and parents defray the cost of the course. The Parent's Association contribute to the cost of transport to and from the pool.

In the best interest of the child, it is the duty of parents/guardians to inform the class teacher and/ or Principal with regard to any health condition that may affect the child in the pool. This information will be held in confidence and provided on a need to know basis to the swimming instructors. Where a parent/guardian has a health concern regarding their child's participation in swimming, professional advice must be sought before the child participates in the swimming lesson.

Should a child be unable to attend the lessons, due to ill health or any other reason, he/she will remain at school and will be supervised by one of the remaining second or first class teachers. Work will be provided for them to complete by the class teacher. For some children, attendance at swimming may be part of an overall support plan. In this case, these children may attend and view the sessions under the supervision of their teacher.

Pupils attending the lessons will be from second class only. Second class children from our ASC class will also be given the choice to attend.

On the day, children attending should wear their tracksuit. (Swimming togs may be worn under tracksuits coming to school). Each child must have a suitable bag to carry his/her swimming gear (Sports bag or similar with secure zip or other fastening).

All items brought to the pool must be clearly labelled with the child's name. This includes the bag, tracksuit, socks, underwear and shoes.

Each child must have their own togs, towel, hair brush and swim cap, all of which must also be marked.

While in the pool, pupils must listen and follow the swim coach's instructions at all times. It is expected that the children comply with the School Code of Conduct while attending the sessions.

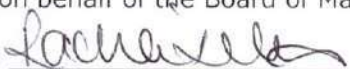
Teachers of all classes should remain on the viewing deck during the lesson in order to supervise the overall group and accompany pupils who may need to use the toilets during the lesson.

A minimum of two teachers per class will accompany each group and any SNA linked to the class will attend, where possible. If student teachers are present in school during this period, they may accompany the class under the supervision of the class teacher. Under no circumstances will they lead supervision at this event.

The children will remain to the front section of the dressing room at all times and teachers will supervise the area and assist with dressing, if needed.

Permission from parents for their child to attend will be sent via Aladdin and payment will be recognised as permission to attend.

Signed on behalf of the Board of Management

Signed: 

Date: 18/3/2025

(Chairperson)

*RA updated to include activity on roof (2024)*